

Neuroanatomical and Neurochemical Substrates of Timing

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We all have a sense of time. Yet, there are no sensory receptors specifically dedicated for perceiving time. It is an almost uniquely intangible sensation: we cannot see time in the way that we see color, shape, or even location. So how is time represented in the brain? We explore the neural substrates of metrical representations of time such as duration estimation (explicit timing) or temporal expectation (implicit timing). Basal ganglia (BG), supplementary motor area, cerebellum, and prefrontal cortex have all been linked to the explicit estimation of duration. However, each region may have a functionally discrete role and will be differentially implicated depending upon task context. Among these, the dorsal striatum of the BG and, more specifically, its ascending nigrostriatal dopaminergic pathway seems to be the most crucial of these regions, as shown by converging functional neuroimaging, neuropsychological, and psychopharmacological investigations in humans, as well as lesion and pharmacological studies in animals. Moreover, neuronal firing rates in both striatal and interconnected frontal areas vary as a function of duration, suggesting a neurophysiological mechanism for the representation of time in the brain, with the excitatory–inhibitory balance of interactions among distinct subtypes of striatal neuron serving to fine-tune temporal accuracy and precision.

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INTRODUCTION

Timing: Some Definitions and Clarifications

'Everyone knows what attention is,' famously stated William James in his *Principles of Psychology* (1890). But just as attention is a multifaceted process (selective, divided, and sustained), so too is timing. Laypeople and scientists alike commonly use the term 'timing' to refer not only to *how long* an event lasts (estimation of duration), but also *when* an event is likely to occur (prediction of event onset or offset) or even whether it occurred *before or after* some temporal landmark (temporal order judgment). Both duration estimation and temporal prediction require a metrical representation of time, in which the timing (duration or onset) of a single event can be measured on a continuous, parametric timescale. On the other hand, temporal order judgments require an ordinal representation of time, in which the relative timing of at least two events

are compared with one another in a much more categorical manner. We restrict our review to the study of metrical timing. For discussion of the ordinal characteristics of timing, we direct readers to reviews of temporal order judgments made in the timeframe of a few tens of milliseconds (Battelli *et al*, 2007), a few seconds (Marshuetz and Smith, 2006), or even a few days, in which case temporal order memory processes come into play (Friedman, 1993; St Jacques *et al*, 2008). We further restrict our review to investigations of metrical timing in the milliseconds to seconds range, otherwise known as 'interval timing', which has been conserved across a wide range of species (Buhusi and Meck, 2005; Gibbon *et al*, 1997; Lejeune and Wearden, 2006; Penney *et al*, 2008; Wearden and Lejeune, 2008).

Duration Estimation or 'Explicit Timing'

In this review, we concentrate largely on studies of duration estimation, otherwise known as 'explicit timing' (Coull and Nobre, 2008). Explicit timing demands an overt estimate of stimulus duration or interstimulus interval (ISI), either in the form of a perceptual discrimination ('perceptual timing'), in which subjects typically state whether one stimulus duration or ISI is shorter or longer than another, or in the form of a motor response ('motor timing'), in

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which subjects represent the timed duration or ISI with a sustained, delayed, or periodic motor act. For example, the task most commonly used to examine motor timing is the paced finger tapping task, in which subjects first synchronize motor responses to sensory stimuli presented at regular temporal intervals and then, during the subsequent 'continuation' phase, they reproduce motor representations of the learned interval in the absence of the sensory pacing stimulus.

These tasks describe how the estimated interval or duration can be registered. But how does the duration get estimated in the first place? And how do we represent that duration in the brain? The most widely cited model of duration estimation is the pacemaker-accumulator model (Gibbon *et al*, 1984; Treisman, 1963). In this model, a sensory signal (eg, the onset of a stimulus to be timed) triggers an accumulator to begin counting pulses that are emitted by an internal pacemaker. The accumulated pulse tally can then be passed into working memory for comparison with a previously stored pulse tally. Depending on whether or not these two tallies match, the appropriate response can be given. For example, in a motor timing task the subject would withhold responding until a match was achieved, whereas in a perceptual timing task the subject could monitor whether the currently accumulating tally attained, or extended beyond, the stored tally. The addition of an attentional gate (Zakay and Block, 1996) or switch (Lejeune, 1998) to the model accounts for the well-known phenomenon of 'time flies when you're having fun' and, conversely, 'a watched pot never boils.' In brief, the less attention is paid to the passing of time (because it is otherwise engaged in a more absorbing activity), the fewer pulses are accounted for by the accumulator, leading to an overall underestimation of duration (Buhusi and Meck, 2009a). Changes in aging, emotional arousal, and brain norepinephrine systems have been shown to modulate these attentional processes involved in timing and time perception (Droit-Volet and Meck, 2007; Lustig, 2003; Lustig and Meck, 2001; Meck and MacDonald, 2007; Penney *et al*, 1996).

Although this psychological model holds intuitive appeal, and has been widely validated by behavioral studies in both animals and humans, it has come under recent attack (Bhattacharjee, 2006) from neurophysiologists seeking a more neurally plausible alternative. Specifically, many neuroscientists now advocate that time is not represented in a centralized, supramodal timer but, rather, is an emergent property of the pattern of neural firing in functionally distributed specialized areas: timing of an auditory stimulus would be indexed by changes in the neural dynamics of auditory cortex whereas timing a visual stimulus would be represented by changes in neural firing patterns in visual cortex. There are several possibilities for the way in which neural firing has been proposed to code for time, for example, the temporal integration of steadily climbing activity throughout the duration (Akkal *et al*, 2004; Lewis and Miall, 2006; Reutimann *et al*, 2004) or the

detection of spatially distinct, duration-specific patterns of firing (Karmarkar and Buonomano, 2007; Matell and Meck, 2004). Yet, although there is ample evidence for modality-specific representations of time, these studies almost exclusively examine durations in the tens to hundreds of milliseconds range (Bueti *et al*, 2008a; Johnston *et al*, 2006; Karmarkar and Buonomano, 2007; Morrone *et al*, 2005). For longer durations, necessitating attentional and mnemonic resources, a dedicated internal timer, incorporating many of the elements of the pacemaker-accumulator model (eg, storage and comparison in working memory, attentional gate, and decision processes), may well be needed (see also Buhusi and Meck, 2009a, b; Ivry and Schlerf, 2008; Matell and Meck, 2000).

Temporal Prediction or 'Implicit Timing'

In this review, we also mention some key investigations of temporal prediction, a subset of 'implicit timing' studies (Coull and Nobre, 2008). Implicit timing is recruited when the regular temporal pattern of sensory stimuli or motor responses can be used to achieve non-temporal task goals. For example, the velocity parameters of an oncoming vehicle can be used to estimate *when* it would be likely to reach us (time to contact (TTC), Lee, 1976) to determine whether we can safely cross the road. Here, temporal predictions are used to achieve a non-temporal goal (safely crossing the road) rather than being used to provide overt estimates of elapsing time (eg, comparing whether TTC for this car is shorter or longer than TTC of the previous passing car). In this example, temporal predictability is induced incidentally by the rhythmic or constant temporal dynamics of the stimuli themselves ('exogenous' cues). However, temporal predictability can also be induced voluntarily by informative warning cues ('endogenous' cues). For example, predicting when an amber traffic light will turn red accesses ingrained associations between sensory cues and event timing, allowing temporal predictions to be made and driving behavior to be adjusted accordingly. But whether predictions are established incidentally or voluntarily, experimental data have shown that temporal predictability improves both accuracy (Barnes and Jones, 2000; Correa *et al*, 2005) and speed (Coull and Nobre, 1998; Niemi and Näätänen, 1981; Praamstra *et al*, 2006) of *non-temporal* task goals.

Yet, temporally predictive sensory cues are not the only effective strategy for predicting event timing. To continue with our traffic analogies, imagine waiting for a late-running bus. The longer you stand at the bus stop, the more you expect the bus to appear some time soon. This ever-heightening temporal expectation illustrates the experimental phenomenon of the 'hazard function'—the increasing conditional probability over time that an event will occur given that it has not already occurred (Elithorn and Lawrence, 1955; Luce, 1986). The objectively increasing conditional probability (and, hence, the subjectively increasing sense of temporal expectation) over time relies

on the predictive power of the unidirectional flow of time, or 'time's arrow' (Eddington, 1928). Because time flows inexorably forward, an event that we expect to occur, but has not yet occurred, it must do so at some time in the future. In this case, temporal predictions are driven not by sensory cues but by the very passing of time itself.

NEUROANATOMICAL SUBSTRATES OF TIMING

Lesion and TMS Studies in Humans: Identifying Critical Timing Regions

Cerebellum and prefrontal cortex. There are no neurological disorders characterized by temporal deficits, in the way that hemineglect is characterized by spatial deficits, or Parkinson's disease (PD) is characterized by motor deficits. However, focal lesions in several key brain structures have repeatedly been shown to result in timing dysfunction. One of the earliest and most influential reports (Ivry and Keele, 1989) compared the performance of patients with PD to those with cerebellar or cortical lesions. Patients with cerebellar lesions were the only patient group to show both increased motor timing variability *and* impairments in the accuracy of perceptual timing, suggesting a supramodal role for the cerebellum in timing. Since this initial report, the deleterious effects of cerebellar lesions on motor timing seem robust (Gooch *et al*, 2010; Harrington *et al*, 2004b; Ivry and Keele, 1989; Malapani *et al*, 1998a; Spencer *et al*, 2003). However, the effects of cerebellar lesions on *perceptual* timing are more mixed, with the reported deficits being either marginal (Harrington *et al*, 2004b; see also Ivry and Spencer, 2004), nonselective (Casini and Ivry, 1999), or restricted to specific duration ranges (Nichelli *et al*, 1996). However, by contrast to patients with prefrontal lesions, whose timing deficits are exacerbated by increasing attentional (Casini and Ivry, 1999) or working memory (Mangels *et al*, 1998) load, the perceptual timing deficit in cerebellar patients is unaffected by attentional or mnemonic manipulation (although see Nichelli *et al*, 1996). This is most likely because of the fact that cerebellar timing deficits, whether perceptual (Ivry and Keele, 1989; Casini and Ivry, 1999; Mangels *et al*, 1998) or motor (Ivry and Keele, 1989; Spencer *et al*, 2003; Harrington *et al*, 2004b), have been shown for short, generally sub-second durations only, which of course require minimal attentional or mnemonic processing. These neuropsychological observations have been confirmed by recent transcranial magnetic stimulation (TMS) evidence: TMS of the cerebellum impairs timing of sub-, not supra-second, durations (Fierro *et al*, 2007; Koch *et al*, 2007; Lee *et al*, 2007) whereas TMS of right prefrontal cortex impairs timing of supra-, not sub-second, durations (Jones *et al*, 2004; Koch *et al*, 2007). Neuropsychological studies of patients with lesions to right prefrontal cortex similarly show timing deficits that are restricted to longer durations (eg, Danckert *et al*, 2007; Kagerer *et al*, 2002; Koch *et al*, 2002); yet, without the inclusion of control

tasks it is difficult to conclude that these deficits reflect a real timing problem. Instead, they could simply reflect the increased sustained attention or working memory demands required by timing long durations, both of which are processes known to engage right prefrontal cortex (Coull *et al*, 1998; Owen *et al*, 1999).

Functional specialization for sub-second timing within a discrete zone of the cerebellum has been suggested by studies showing that deficits are found selectively in patients whose lesions extend into the more superior parts of the cerebellum (Harrington *et al*, 2004b; Gooch *et al*, 2010). Such anatomical localization has been refined yet further by studies showing that motor timing deficits seem to be caused particularly by lesions to lateral, not medial, regions of the cerebellum (Ivry *et al*, 1988; Malapani *et al*, 1998a). Moreover, TMS studies in healthy volunteers suggest a putative functional specialization of lateral *vs* medial regions of the cerebellum for auditory *vs* visual representations of time (Del Olmo *et al*, 2007). TMS to medial, but not lateral, cerebellum increased timing variability for visual timing (Theoret *et al*, 2001), whereas TMS of lateral cerebellum impaired auditory (Del Olmo *et al*, 2007) but not visual (Jäncke *et al*, 2000) timing.

Spencer *et al* (2003) found deleterious effects of cerebellar lesions on motor timing when patients were required to form an explicit representation of time (up to 1 s) but not for a more implicit form of timing (continuous circle drawing) in which temporal regularities were manifest as an emergent property of the motor act itself. However, Bo *et al* (2008) have recently failed to replicate the results of Spencer *et al* (2003), instead finding impairments on both explicit and implicit measures of motor timing. Furthermore, cerebellar patients have also been reported to show deficits on implicit measures of *perceptual* timing, in which patients are required to use the temporal information inherent in the velocity of a moving object to predict its spatio-temporal trajectory (Bares *et al*, 2007; Beudel *et al*, 2008). (The cerebellum is also activated by functional neuroimaging studies of spatio-temporal prediction; O'Reilly *et al*, 2008; Beudel *et al*, 2009.) In these tasks, fixed temporal contingencies (ie, the constant velocity of the moving object) allow predictions about the time of onset of a sensory target event to be made. In addition, TMS to the cerebellum impairs performance during the synchronization phase of the paced finger tapping task (Del Olmo *et al*, 2007), in which the regular temporal structure of sensory input allows temporal predictions to be made. Therefore, there seems to be a dissociation in the cerebellum's role in motor *vs* perceptual forms of implicit timing. It seems *not* to be needed when regular temporal structure is an emergent property of a motor act (Spencer *et al*, 2003) but *is* engaged when the regular temporal structure of perceptual input allows predictions about the onset of upcoming sensory events to be made. This predictive function is, of course, consistent with the feed-forward mechanisms thought to be instantiated in the cerebellum (Wolpert *et al*, 1998), which allow predictions about the consequences of motor acts

to be made, thus short-circuiting the need for sensory feedback.

However, regular or rhythmic temporal structure is not the only way of formulating temporal predictions. They can also be based upon the predictive nature of the flow of time itself. If a target does not appear when expected, the likelihood that it will appear in the next moment increases with passing time (hazard function). Increasing likelihood induces increased response preparation, resulting in faster reaction times (RTs) when the target eventually appears (Niemi and Näätänen, 1981). The 'variable foreperiod' paradigm measures the behavioral manifestation of the hazard function: when short and long cue-target foreperiods are mixed within a block of trials, RTs are monotonically faster for targets appearing after long rather than short foreperiods because of the increasing conditional probability of target appearance over time. Patients with lesions to the right prefrontal cortex fail to show the RT benefit of long foreperiods that is shown by normal volunteers, or even by patients with lesions to left or medial areas of prefrontal cortex (Stuss *et al*, 2005; Trivino *et al*, 2010; Vallesi *et al*, 2007a). TMS to right, but not left, prefrontal cortex in healthy volunteers confirmed this finding (Vallesi *et al*, 2007b). Vallesi *et al* (2007b, 2009) have suggested that this effect reflects the monitoring role of the right prefrontal cortex: as the foreperiod unfolds, prefrontal cortex uses sensory feedback to constantly update temporal expectations, depending on whether or not the target has yet been presented. The feedback role of the prefrontal cortex in *updating* temporal predictions contrasts neatly with the more feed-forward role of the cerebellum in *establishing* temporal predictions in the first place.

Basal ganglia. PD results from degeneration of dopamine (DA)-producing neurons in the substantia nigra (SN) that project to the dorsal striatum (caudate and putamen) of the basal ganglia (BG). PD can therefore be used as a model of BG dysfunction. In contrast to the effects of cerebellar lesions, PD patients show no difficulties in using temporal information to predict the trajectory of a moving object (Bares *et al*, 2010; Beudel *et al*, 2008). They also show the normal RT benefits for temporally predictable targets in simple (Jahanshahi *et al*, 1992, 1993) and choice (Praagstra and Pope, 2007) RT tasks. These findings therefore suggest that BG are less important than the cerebellum in making fixed temporal predictions, that is, in implicit perceptual timing. This conclusion is supported by therapeutic evidence that PD patients can make use of rhythmic sensory timing cues (eg, an auditory metronome or regularly spaced visual markers on the floor) to improve the motor symptoms of their disease (Lim *et al*, 2005; Thaut *et al*, 1996). If BG were critical for implicit timing, PD patients would not be able to make use of these sensory cues. In support of this, deep brain stimulation of the BG has little effect on sensory cued timing, although it does help internally generated timing (Schenk *et al*, 2003). Finally, another measure of implicit timing, 'temporal

binding', which measures the temporal window within which sensory events are perceived as being caused by previous voluntary actions, is no different in PD patients and controls (Moore *et al*, 2010). (Note, however, that although the disease itself had no effect on temporal binding, dopaminergic medication effectively 'pulled' the perceived time of onset of patients' actions and subsequent sensory events toward one another, thus increasing a sense of their causal association.)

Data on the role of BG in using the passage of time to predict stimulus onset (ie, the hazard function) are less clear for the moment. One study reports an impaired ability to benefit from long foreperiods in PD patients (Jurkowski *et al*, 2005), whereas another shows the normal benefits of long foreperiods in patients with BG lesions (Trivino *et al*, 2010). Because the behavioral implementation of the hazard function seems to rely upon right prefrontal cortex (Stuss *et al*, 2005; Vallesi *et al*, 2007a,b), the discrepancy in these findings could potentially be explained by a discrepancy in the relative integrity of fronto-striatal loops in PD patients compared to those with focal BG lesions.

The overall lack of impairment on implicit forms of perceptual timing in PD can be contrasted to reports that patients show deficits on more *explicit* forms of timing. Although PD is a disease primarily characterized by motor dysfunction, timing deficits have been observed not only for tasks of motor timing but also for those of perceptual timing in which the patients' primary motor disorder should have minimal effect. For example, PD patients temporarily withdrawn from dopaminergic medication showed impaired temporal discrimination for tactile, auditory, or visual stimuli when compared with controls (Artieda *et al*, 1992), with the size of the impairment being correlated with disease severity. Even when patients are tested in a medicated state, there is evidence for impaired temporal discrimination in both the sub-second (Harrington *et al*, 1998) and seconds (Smith *et al*, 2007) time range. However, a more recent study (Wearden *et al*, 2008) using a battery of perceptual timing tasks, testing patients both off and on medication, failed to find any evidence of timing dysfunction. The researchers suggested that one possible explanation for the lack of impairment was the relatively early stage of the disease of their patient sample. Such a conclusion is supported by the findings of Artieda *et al* (1992) that timing deficits are correlated with disease severity.

Paradoxically, for a disease characterized by motor dysfunction, tests of motor timing have produced more mixed results. Timing performance during the continuation phase of the paced finger tapping task in patients with PD or BG lesions has been reported to be either more variable than controls (Freeman *et al*, 1993; Harrington *et al*, 1998; O'Boyle *et al*, 1996) or, conversely, unimpaired (Aparicio *et al*, 2005; Ivry and Keele, 1989; Spencer and Ivry, 2005). Recently, Merchant *et al* (2008) have attempted to inject some clarity into the findings using cluster analysis to show that across a range of perceptual and motor timing tasks,

PD patients fall into two distinct subgroups: those showing high temporal variability and those performing no differently than controls. These two subgroups did not differ in terms of disease duration, severity of clinical symptoms, or age, suggesting that this division reflects a real heterogeneity in timing ability. Such underlying heterogeneity in the temporal performance of the patient sample (which, incidentally, was also noted for control subjects although the temporally variable control group was significantly less variable than the temporally impaired PD group) is clearly a contributing factor in determining whether significant increases in PD timing variability can be observed.

In contrast, one of the most reliable effects in studies of motor timing in PD is the so-called 'migration effect.' Using a temporal reproduction task, Malapani *et al* (1998b) found that PD patients who were off medication overestimated a pre-learned short duration (8 s) at the same time as underestimating a long one (21 s), such that duration estimates tended to 'migrate' toward a common, central value (see also Koch *et al*, 2004, 2005). However, this effect is only observed when the two discrete durations are tested together in a mixed session (Malapani *et al*, 1998b), and then only for durations in the seconds, not milliseconds, range (Koch *et al*, 2008). These results suggest that the migration effect is because of a faulty mnemonic representation of the pre-learned durations. In a follow-up study, Malapani *et al* (2002) dissociated the encoding and retrieval stages of the task and found that migration effects were because of faulty retrieval of the pre-learned durations during the reproduction phase. On the other hand, the initial encoding of stimulus duration into memory in non-medicated PD patients led to overestimation of both short and long durations, suggesting that during duration encoding BG may have a role in determining the speed of the internal clock (see also Pastor *et al*, 1992).

Functional Neuroimaging: Identifying Distributed Timing Networks

Explicit timing. In contrast to the rather mixed results provided by the neuropsychological lesion literature, functional neuroimaging studies in healthy volunteers have consistently identified the BG in the representation of stimulus duration (Coull and Nobre, 2008; Meck *et al*, 2008). In fact, timing-induced BG activity has been shown to be independent of the stage of motor processing (preparation or execution) being timed (Buetti *et al*, 2008b), the sensorimotor context (synchronization or syncopation) in which the timed interval was learned (Jantzen *et al*, 2007; Jantzen *et al*, 2004), the duration range (sub- vs supra-second) being timed (Jahanshahi *et al*, 2006), the motor effector (left/right hand or speech) used to perform a rhythmic timing task (Bengtsson *et al*, 2005), and the sensory modality (auditory/visual) in which timed stimuli were presented (Shih *et al*, 2009). In all of these studies, timing activated dorsal, rather than ventral, striatum. Taken as a whole, these results are suggestive of a centralized,

context-independent, supramodal timer localized in the dorsal striatum of the BG.

Of course, it is possible that there is functional specialization for discrete aspects of timing performance (eg, motor/perceptual; sub/suprasecond; auditory/visual markers) within distinct nuclei of the BG. The areas most commonly activated by timing tasks are the putamen and caudate nucleus of the dorsal striatum, and its target site within the BG, the globus pallidus. The high spatial resolution of functional magnetic resonance imaging (fMRI) would lend itself perfectly to such a question. Although this has not yet been formally explored, data from several well-controlled fMRI studies are plotted in Figure 1 as a function of the perceptual or motor nature of the timing task. First, the figure shows that timing more often activates the putamen rather than the caudate nucleus of the dorsal striatum. Second, the clusters of activation suggest that motor timing tasks tend to activate more lateral regions of basal ganglia, predominantly in the putamen (dorsolateral striatum), whereas perceptual tasks tend to activate more medial regions, including the caudate and globus pallidus. This figure is also suggestive of a rostrocaudal gradient within dorsal striatum, with perceptual tasks activating more rostral areas (anterior putamen and caudate nucleus) and motor timing tasks activating more caudal regions

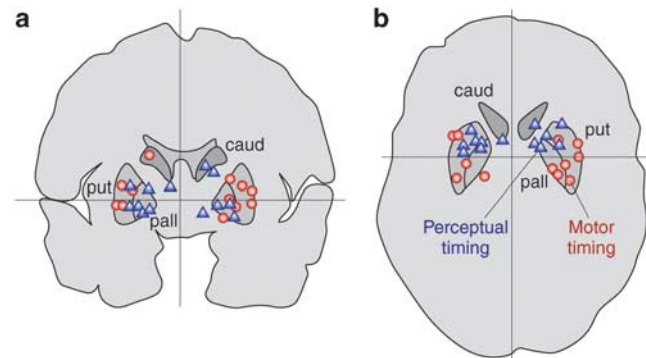


Figure 1. Timing in the basal ganglia. Each point represents the site of peak amplitude of a timing-induced activation cluster taken from a representative sample of motor (Buetti *et al*, 2008b; Garraux *et al*, 2005; Jahanshahi *et al*, 2006; Jantzen *et al*, 2007; Lewis *et al*, 2004; Rao *et al*, 1997; Spencer *et al*, 2007) and perceptual (Coull *et al*, 2004, 2008a; Ferrandez *et al*, 2003; Harrington *et al*, 2010; Lewis and Miall, 2003a; Livesey *et al*, 2007; Morillon *et al*, 2009; Nenadic *et al*, 2003; Pouthas *et al*, 2005; Rao *et al*, 2001; Shih *et al*, 2009; Tregellas *et al*, 2006) timing studies in healthy volunteers (motor = red circles; perceptual = blue triangles). Activations are located in putamen (put), caudate nucleus (caud), or globus pallidus (pall), and are shown on either (a) coronal or (b) transverse views of a standardized template brain. The intersection point of the red cross-hair represents $x, y, z = 0, 0, 0$ mm in the Montreal Neurological Institute (MNI) coordinate space. These templates should be considered as 'glass' brains and activations were actually spread in either the (a) rostral/caudal (range $y = -15$ to 18 mm) or (b) dorsal/ventral (range $z = -9$ to 20 mm) direction. SMA and cerebellum activations from the same sample of studies are plotted in Figures 2 and 3. Cortical (eg, prefrontal and premotor) activations from the majority of these studies are illustrated in Coull and Nobre (2008).

(putamen). This pattern of activation corresponds well to the known functional specialization of sensorimotor (lateral putamen) and associative (caudate) areas of the BG (Nakano *et al*, 2000).

However, the BG does not act in isolation. In contrast to lesion or TMS studies, the whole-brain approach of fMRI reveals that BG are most often co-activated with a variety of anatomically discrete cortical regions. This activation of a functionally integrated *network* of corticostriatal regions by timing, rather than a single anatomically specific area, is probably the most likely explanation for the lack of a neurological or psychiatric disorder that is uniquely characterized by temporal deficits. The particular network of cortical regions typically activated by timing tasks (supplementary motor area, prefrontal cortex) corresponds well to the motor and dorsolateral prefrontal corticostriatal loops described by Alexander *et al* (1986). Yet, although the same key regions crop up time and time again, different combinations of nodes in the timing network can be co-activated depending on the particular task context. Indeed, one of the most hotly debated topics in the timing literature at the moment is whether time is represented in a context-dependent or -independent manner in the brain (Ivry and Schlerf, 2008).

Jantzen and colleagues provided one of the first demonstrations of context-dependent differences in timing-related brain activity using variations of the paced finger tapping task. During the continuation phase, patterns of regional brain activity differed depending upon whether the pacing rhythm was synchronized to occur on or off the beat (Jantzen *et al*, 2004) or had been specified using auditory or visual metronomes (Jantzen *et al*, 2005). Crucially, these regional differences appeared despite the fact that during the continuation phase timing occurred in the absence of sensory stimuli. In other words, internal representation of a time interval differed depending upon the way in which it had been encoded, suggesting that representations of duration are rooted in context-specific processing areas rather than being represented in a supramodal centralized timer. However, a later study (Jantzen *et al*, 2007) uncovered evidence for both context-dependent and context-independent representations of time. Specifically, the cerebellum, premotor cortex, and preSMA were differentially activated during the continuation phase depending upon whether the preceding pacing rhythm had been on or off the beat, therefore reflecting context-dependent representations of time. However, SMA and BG were activated equally irrespective of whether the preceding pacing rhythm had been on or off the beat, reflecting more centralized, supramodal representations of time. These studies provide evidence that although various cortical regions may provide context-dependent representations of duration, BG and SMA have a more central, ubiquitous role in motor timing.

Because BG and SMA are traditionally considered to be integral to motor control, their activation during a motor timing task may not be that surprising. To conclude that

these areas underlie timing of a more generalized nature, we need evidence that BG and SMA can also be activated by timing of a non-motor nature. The temporal discrimination task, in which subjects compare the duration (eg, same/different; shorter/longer) of a probe sensory stimulus to that of a target stimulus previously stored in working or reference memory, taps perceptual, rather than motor, timing processes. Control tasks, requiring comparison of another, non-temporal, stimulus feature (eg, color, length, and brightness), account for activations linked to processes of non-interest, such as attention, working memory, or sensorimotor task demands. A comparison of timing with control tasks reveals areas uniquely engaged by perceptual timing. In general, temporal discrimination tasks preferentially activate an extended corticostriatal network, encompassing BG and, predominantly right-lateralized, prefrontal, superior temporal, and inferior parietal cortices (see, eg, Coull *et al*, 2004, 2008a; Ferrandez *et al*, 2003; Lewis and Miall, 2003a; Morillon *et al*, 2009; Rao *et al*, 2001; Shih *et al*, 2009). Unfortunately, however, timing tasks are often more difficult than control tasks, as indexed by significantly lower levels of performance. This performance difference makes it difficult to conclude that activations are specifically related to timing and not to mental effort in general. However, if extra care is taken to match performance levels on the control and timing tasks (Coull *et al*, 2004, 2008a; Morillon *et al*, 2009; Nenadic *et al*, 2003; Rao *et al*, 2001) a core network of pre-SMA, BG, and right inferior frontal cortex is most commonly found. Indeed, even if the control task is made *more* difficult than the temporal task (Livesey *et al*, 2007), timing-induced activation of BG and inferior frontal cortex still remains. And if *temporal* task demands are increased, either by lengthening the duration to be timed (Pouthas *et al*, 2005) or by reducing the temporal discriminability of two comparison stimuli (Tregellas *et al*, 2006), activity increases are localized once again to the core network of SMA, BG, and frontal cortex.

This core network has been functionally deconstructed by event-related fMRI studies, such that discrete anatomical components can be associated with distinct stages of the pacemaker-accumulator model. SMA is engaged by the on-line timing (or accumulation) of a stimulus duration that is currently unfolding in time (Coull *et al*, 2008a; Morillon *et al*, 2009; see also Macar *et al*, 1999 for electrophysiological evidence), consistent with its aforementioned role in timing externally specified stimulus duration. BG on the other hand, are activated particularly during the *encoding* phase of perceptual timing tasks in which the timed stimulus duration is stored into memory for later recall (Coull *et al*, 2008a; Harrington *et al*, 2004a, 2010; Rao *et al*, 2001). Moreover, a significant co-variation between BG activity and timing performance (Coull *et al*, 2008a) suggests that the amplitude of activity in this area mediates the depth of encoding of stimulus duration. These data fit well with neuropsychological data in PD patients showing that their timing deficits seem to be related specifically to mnemonic aspects of timing (Malapani *et al*, 1998b, 2002;

Koch *et al*, 2008). However, the precise role of frontal cortex in timing is less clear. In parallel with superior temporal cortex, it has been associated with later processing stages, such as integration of the accumulated tally of pulses (Morillon *et al*, 2009) or comparison with a memorized standard (Rao *et al*, 2001; Coull *et al*, 2008a). Electrophysiological data from monkey prefrontal cortex substantiate this claim, indicating that frontal cortex is implicated in the ‘comparison... and... accumulation... of clock pulses’ (Genovesio *et al*, 2009).

Integrating the variety of areas typically activated by perceptual timing with those typically activated by motor timing, we converge more specifically upon BG and SMA. To be more anatomically precise, the areas most commonly activated are the dorsal striatum (and occasionally associated globus pallidus) of the BG (Figure 1) and the rostral portion of SMA, known as preSMA (Figure 2). Both BG and SMA are consistently (and often selectively) activated during motor tasks of temporal reproduction (see, eg, Buetti *et al*, 2008b; Jahanshahi *et al*, 2006; Jantzen *et al*, 2004; Lewis *et al*, 2004; Rao *et al*, 1997) or perceptual tasks of temporal discrimination (see, eg, Coull *et al*, 2004; Cunnington *et al*, 2002; Grahn and Brett, 2007; Grahn and McAuley, 2009; Harrington *et al*, 2010; Rao *et al*, 2001; Shih *et al*, 2009). However, one feature shared by all of these studies was that the duration to be timed was externally specified by sensory stimuli (eg, the interval between two tones or the duration of a visual stimulus). On the other hand, when subjects were required to produce their own internal representation of a variable time interval (Cunnington *et al*, 2002; Garraux *et al*, 2005) the BG alone were activated. This suggests a differential role for BG and SMA

in the representation of temporal intervals that are internally or externally specified, respectively. Of course, the majority of timing studies probably engage a mixture of externally and internally specified temporal representations; often, subjects time an externally specified interval and then store (perceptual timing) or reproduce (motor timing) an internal representation of that interval, thus explaining why so many studies report activation of both BG and SMA.

Internally determined representations of time have also been linked to the cerebellum, an area that has consistently been implicated in timing, at least timing of short sub-second durations, by lesion and TMS studies (see the section, Lesion and TMS Studies in Humans: Identifying Critical Timing Regions). Spencer *et al* (2007) compared motor timing of paced finger tapping when the movement required either an explicit (discrete movement) or implicit (continuous movement) representation of duration. Cerebellum, but not SMA, was significantly more activated during discrete than continuous movements. The only difference between these conditions was the inclusion of a self-determined short pause (~200–400 ms) between movements in the discrete condition. Cerebellar activity for internally determined sub-second timing complements its role in timing of sub-second durations that were externally specified by sensory stimuli (Koch *et al*, 2007; Lee *et al*, 2007; Lewis and Miall, 2003a; Penhune *et al*, 1998; Tregellas *et al*, 2006, but see Jahanshahi *et al*, 2006). In a review of the neuroimaging literature several years ago, investigators suggested that the cerebellum was linked specifically to motor representations of sub-second durations (Lewis and Miall, 2003b). Accumulating evidence since then has continued to support the context-dependent role of the cerebellum: it is activated principally by motor timing tasks (Penhune *et al*, 1998; Jäncke *et al*, 2000; Jantzen *et al*, 2004; Bengtsson *et al*, 2005; Jahanshahi *et al*, 2006; Buetti *et al*, 2008b) but only rarely by perceptual timing tasks (see Figure 3), and then only when these implicate sub-second durations (Lewis and Miall, 2003a; Tregellas *et al*, 2006; Shih *et al*, 2009; Morillon *et al*, 2009; although see Harrington *et al*, 2004b).

Implicit timing: temporal prediction. The cerebellum has also been implicated in studies of temporal prediction, in which the task goal is not an overt estimate of duration but, rather, a fast and/or accurate response to a stimulus appearing at an expected time. As such, timing mechanisms are engaged automatically (implicitly) rather than deliberately (explicitly). In these tasks, temporally informative cues allow the subject to predict *when* a target stimulus or event will occur, so as to optimize behavior. Cues can take the form of temporally structured stimuli (‘exogenous’ cues), such as the constant velocity of an approaching car, or pre-learned arbitrary symbols (‘endogenous’ cues), such as the interval between the amber and red traffic lights. In the laboratory, both exogenous and endogenous temporal cues have been associated with cerebellar activity. Specifically,

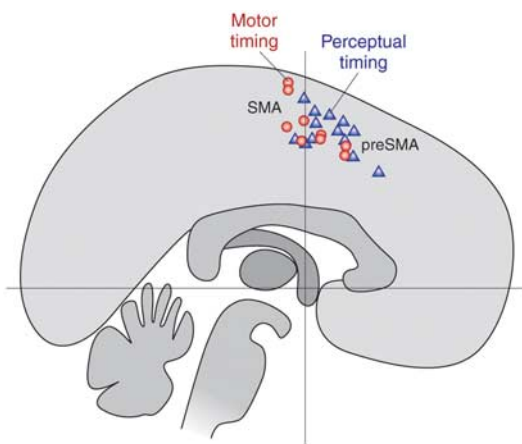


Figure 2. Timing in the supplementary motor area (SMA). Each point represents the site of peak amplitude of a timing-induced activation cluster taken from a representative sample (see Figure 1 for details) of motor (red circles) and perceptual (blue triangles) timing studies in healthy volunteers. Activations are located in SMA or preSMA, and are shown on a midsagittal view (range of activations $x = -20$ to 24 mm) of a standardized ‘glass’ brain. See Figure 1 for further details. The red vertical line corresponds to the anatomical division between SMA and preSMA.

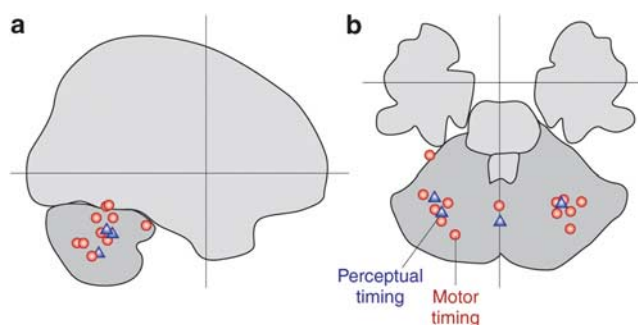


Figure 3. Timing in the cerebellum. Each point represents the site of peak amplitude of a timing-induced activation cluster taken from a representative sample (see Figure 1 for details) of motor (red circles) and perceptual (blue triangles) timing studies in healthy volunteers. Activations are shown on (a) lateral (range of activations $x = -23$ to -39 mm in the left hemisphere and 30 – 42 mm in the right hemisphere) or (b) transverse (range of activations $z = -45$ to -18 mm) views of a standardized 'glass' brain. The two midline activations that can be seen on the transverse view are not included in the lateral view. See Figure 1 for further details.

posterior regions of lateral cerebellum were selectively activated by temporal, when compared with spatial, predictions when subjects used either the velocity of a dynamic visual stimulus (Beudel *et al*, 2009; O'Reilly *et al*, 2008) or symbolic temporal pre-cues (Coull and Nobre, 1998) to make temporal predictions. The cerebellum is thought to use forward modeling to predict the sensory consequences of motor behavior (Wolpert *et al*, 1998). These fMRI results show that the posterior cerebellum is also involved in forward modeling of purely perceptual stimuli, but only when the *timing* of the perceptual stimulus has to be predicted.

Using magnetoencephalography, researchers showed that activity in the cerebellar and left sensorimotor (in the region of anterior parietal cortex) regions correlated with the RT benefit of predictable temporal intervals (Martin *et al*, 2006). Indeed, left parietal cortex is another area that has consistently been associated with temporal predictability, whether of a motor or perceptual nature. Studies of both simple (Sakai *et al*, 2000) and choice RT (Dreher *et al*, 2002; Praamstra *et al*, 2006) have identified increased activity in left premotor and inferior parietal cortices when targets are presented after temporally predictable rather than random intervals, or when subjects use informative temporal pre-cues to predict target onset (Coull and Nobre, 1998). These same regions are also activated by temporal prediction of a more perceptual nature, when subjects use temporal information inherent in the velocity of a dynamic visual stimulus to predict its final position (Assmus *et al*, 2003, 2005; Coull *et al*, 2008b; Field and Wann, 2005).

In summary, studies of temporal prediction (or implicit timing) activate cerebellum and left-lateralized premotor and parietal cortices (Coull and Nobre, 2008). (Note that we discuss studies of implicit timing of perceptual stimuli that demand either a motor response or a perceptual discrimination. In contrast, Spencer *et al* (2003, 2007) have

shown that the cerebellum is not engaged by implicit (or 'emergent') timing of motor acts (although see Bo *et al*, 2008).) This contrasts clearly with activation of more mid-line structures such as BG and SMA, or right-lateralized frontal and temporal cortices, by explicit timing. However, there is one form of temporal prediction that *has* been associated with right-lateralized frontal activity (Coull, 2009). Fittingly, this is the temporal predictability provided by the very passing of time itself (Elithorn and Lawrence, 1955). The hazard function tracks the rising expectation over time that a sensory event will happen, given that it has not already happened. If an event does not occur when expected, temporal predictions can be updated and redirected toward the next possible time slot. In a cued RT task, in which pre-cues predict the time of target onset, RTs are faster for targets appearing when expected than for those appearing when least expected (Coull and Nobre, 1998). However, the RT cost for unexpectedly delayed targets is significantly less than that for unexpectedly premature targets. This is because of the predictive power of 'time's arrow': when the target does not appear when expected, temporal predictions can be updated on-line and resources directed toward the next potential time point, effectively removing the cost of the unexpected delay. Coull *et al* (2000) showed that delayed targets, when compared with either expected or premature targets, selectively activated right prefrontal and premotor cortex. This result was confirmed by Vallesi *et al* (2009) using a variable foreperiod paradigm, in which temporal expectancy for target appearance increases as a function of increasing delay ('foreperiod') between the warning cue and the target. When compared with a fixed foreperiod paradigm, in which temporal expectations did not evolve as a function of time in passing, the variable foreperiod task activated a region of right prefrontal cortex whose activity correlated significantly with the magnitude of the RT benefit afforded by increasing foreperiod length (Vallesi *et al*, 2009).

Taken as a whole, these results show that although the initial *implementation* of a fixed or entrained temporal expectancy recruits left parietal and premotor areas, the *updating* of this expectancy as a function of the flow of time itself recruits right prefrontal areas. Of course, right prefrontal areas are not only activated by the hazard function but also by explicit timing, as discussed above. Indeed, MacDonald and Meck (2004) have suggested that the neural substrates for explicit timing and the hazard function may overlap. One appealing way of reconciling these distinct data sets is to interpret right prefrontal activation in explicit timing tasks as indexing the updating of temporal representations with elapsing time. In explicit timing tasks, the current interval or duration is compared with a memorized standard. As the current interval unfolds, prefrontal cortex uses sensory feedback from stimulus presentation ('has the interval offset marker been presented yet?') to constantly update the comparison between current and memorized durations. This fits well with the monitoring role of the right prefrontal cortex (Henson *et al*, 1999;

Petrides, 1996) and, more usefully, produces a testable prediction: right prefrontal cortex should be preferentially engaged when the current stimulus duration is longer, rather than shorter, than the memorized one. Although this hypothesis has not yet been tested with fMRI, electroencephalographic (EEG) evidence suggests that this is the case. Specifically, when the contingent negative variation (CNV), a slow-wave indexing temporal preparation, was measured over right frontal electrodes it increased steadily until the end of the ongoing stimulus duration, even if this was longer than the memorized target duration (Pfeuty *et al*, 2003). In contrast, if measured over left frontal (Pfeuty *et al*, 2003), parietal (Macar and Vidal, 2003), or premotor (Praagstra *et al*, 2006) electrodes, it increased only up until the *memorized* (or entrained) duration had been reached, even if the ongoing stimulus duration carried on beyond this point. These EEG data parallel the fMRI findings described above, showing right-lateralized activity for expectations that evolve as a function of currently elapsing time, but left-lateralized activity for fixed or entrained expectations.

Intriguingly, CNV activity recorded over medial frontal electrodes (in an area equivalent to SMA) was also linked to memorized, rather than ongoing, stimulus durations (Pfeuty *et al*, 2003), implicating this area in the representation of fixed temporal expectations. However, both EEG (Macar *et al*, 1999) and fMRI (Coull *et al*, 2008a) studies have linked SMA activity to the accumulation of time units, or 'pulses,' in a currently unfolding duration, suggesting that SMA activity should be linked more to ongoing, rather than memorized or expected, durations. However, a more recent fMRI study (Cui *et al*, 2009) has also reported a phasic increase in SMA activity at expected target durations, the amplitude of which varied as a function of temporal expectation. Notably, the SMA activity did not evolve dynamically as the duration unfolded, but instead momentarily indexed the *integrated* temporal expectancy that the target would have occurred at that particular moment. (Pfeuty *et al*, 2003 noted differences in CNV dynamics for filled durations *vs* empty intervals: the CNV rose steadily until the memorized duration for filled durations, but increased sharply at the memorized duration for empty intervals. This distinction may account for the phasic increase in SMA activity observed by Cui *et al*, 2009, who used empty intervals *vs* the slow-rising medial frontal CNV observed by Pfeuty *et al*, 2003 who used filled durations.) Integration of cumulative temporal expectancies is an appealingly similar concept to the accumulation of temporal pulses. The involvement of SMA in both processes perhaps speaks to its more general role in the accrual of temporal information.

Lesion Studies in Animals: The Role of Neurochemical Pathways

Corticostriatal circuits. In animal studies, one commonly used timing task is the peak-interval (PI) procedure. The PI

procedure is a temporal reproduction task that provides independent measures of accuracy (peak time), precision (peak spread), and motivation (peak rate) for durations in the seconds-to-minutes range for humans and other animals (see, eg, Church *et al*, 1994; Cheng and Meck, 2007; Hinton and Meck, 2004; Malapani *et al*, 1998b; Paule *et al*, 1999; Rakitin *et al*, 1998). In this procedure, subjects (eg, rats) are initially trained on a discrete-trials fixed-interval (FI) procedure, in which a signal (eg, light or sound) is turned on, the first lever press after the target duration has elapsed is reinforced and the signal is then turned off. Once well trained on the FI procedure, rats are presented with non-reinforced probe trials that are randomly interspersed among the FI trials. These probe trials last a relatively long time (eg, $3 \times$ the target duration = FI value) and terminate independently of responding. On individual probe trials, subjects show their ability to time by centering a window of responding around the target duration. This is achieved by initiating a relatively constant rate of responding once a 'start' threshold is crossed and then continuing to lever press until a 'stop' threshold is crossed. These response thresholds are typically symmetrical, that is, they are placed at proportional distances from the target duration on both sides of the expected time of reinforcement. When averaging over the step functions obtained from individual probe trials, lever pressing can be seen to ramp up toward the target duration and then decrease in a fairly symmetrical manner, thus establishing a 'peak' or Gaussian-shaped response function for responding averaged over trials—hence the name of the procedure. It is from this Gaussian-shaped response function that the measures of peak time, peak rate, and peak spread are obtained (Church *et al*, 1994; Matell *et al*, 2006). The reliability and robustness of PI timing procedures have proven extremely valuable in electrophysiological studies (Matell *et al*, 2003) as well as in the evaluation of pharmacological and lesion effects (Matell *et al*, 2004, 2006; Meck, 2006a, b, 2007; Paule *et al*, 1999).

Functional mapping studies using lesions of specific brain regions followed by observation of subsequent behavioral deficits can provide an indication of which brain regions are critically involved in interval timing. For example, the effects of selective DA-depleting lesions using 6-hydroxydopamine microinjection into the substantia nigra pars compacta (SNc), caudate-putamen (CPu), or the nucleus accumbens (NAS) have been used to evaluate the timing performance of rats trained on 10-s (eg, light signal) and 60-s (eg, sound signal) PI procedures. A double dissociation in the performance of these duration discriminations was found. Rats with post-training CPu lesions were unable to maintain temporal control of their behavior, suggesting complete insensitivity to signal duration after the lesion, but were able to show continued discrimination of the relative reward values of the light and sound signals that were associated with different delays by differentially modifying their response rates between trials. In contrast, rats with NAS lesions were able to show temporal control of

their behavior by differentially modifying their response rates as a function of signal duration(s) within trials, suggesting no impairment of sensitivity to signal duration, but were unable to show discrimination of the relative reward value of a signal between trials (Meck, 2006b).

The SNC and CPu are both components of the nigrostriatal DA pathway, one that is also critical for regulating motor function. While damage to either one of these two regions leads to impairments in timing as shown in Figure 4, the specific contribution of each brain region can be further distinguished by observing whether the partial restoration of DA levels can lead to recovery of the lesion-induced timing deficits. With the administration of L-DOPA (a precursor of DA) in the same study (Meck, 2006b), only SNC-lesioned rats showed improvement in their timing functions, indicating that the SNC-lesioned rats were able to recover temporal control of behavior with the help of L-DOPA, but the CPu-lesioned rats did not show the same functional restoration with L-DOPA. Hence, one can infer that a minimal level of DA activity in nigrostriatal circuits is required to maintain relatively normal interval timing, but only with an intact CPu. Accordingly, the neurons in the CPu region seem to be critical for a more specific aspect of temporal integration (eg, coincidence detection—Matell *et al*, 2003; Matell and Meck, 2004).

As part of the BG, the CPu region provides the major input signals to the BG, including the pallidum and the subthalamic nucleus (STN). In a recent study in which the rat's STN was lesioned, researchers found that timing *per se* was not affected by the lesion (Wiener *et al*, 2008). The only 'impairment' observed in the lesioned rats was that they showed higher response rates long after the target duration had passed, an indication of increased impulsivity at times when no reinforcement is available. Because the STN is downstream of the CPu, in which temporal processing in the BG is thought to be occurring, one can infer that most timing information is processed before the STN. This explains why the STN-lesioned rats are still able to show normal timing functions and suggests that temporal integration and/or coincidence detection occurs before the STN, most likely by the medium spiny neurons (MSNs) in the CPu region.

In contrast to lesioning the nigrostriatal areas, lesion studies targeting the primary and secondary motor cortices (M1 and M2) that project to the BG do not seem to affect duration discrimination for actions such as lever pressing. As shown by Yin (2009), mice with M1 or M2 lesions were able to produce the required lever-press duration (eg, 400, 800, or 1600 ms) or sequence (eg, left → right or right → left). However, a recent study using monkeys reported that

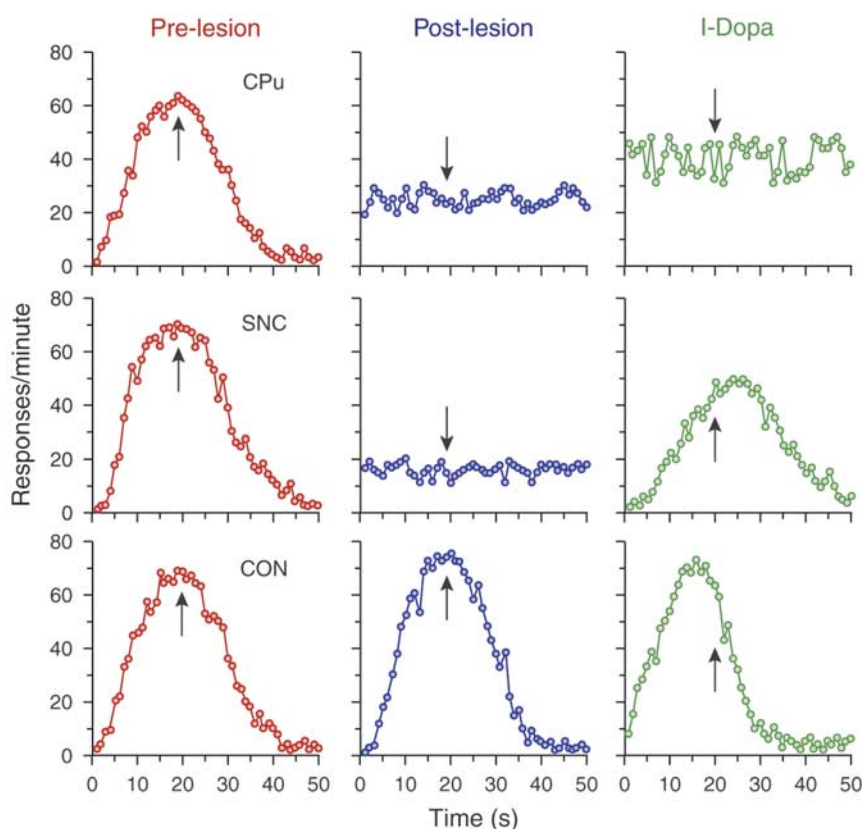


Figure 4. Timing deficits in nigrostriatal-lesioned rats. Mean lever-press rate (responses/min) as a function of signal duration (s) for rats trained on a 20-s PI timing procedure during three experimental phases. The preoperative timing data are shown in the left-hand column, the postoperative data are shown in the middle column, and the postoperative L-DOPA test data are shown in the right-hand column. Data for rats in the caudate-putamen (CPu) lesion group are shown in the top row, the data for the substantia nigra pars compacta (SNC) lesion group are shown in the middle row, and the data for the control lesion group are shown in the bottom row. Adapted from Meck (2006b) with permission.

neurons in the SMA, an area comparable to M2 in mice, show spiking neural activity that correlated with the duration of actions (Mita *et al*, 2009). Yet, how these neural firing data reflect on the primary *vs* secondary role of M2 in representing duration is unclear, as it is unknown whether SMA lesions impair timing behavior in monkeys or in humans (although see Halsband *et al*, 1993). As a consequence, further studies are required to disentangle the role of M2 in the temporal control of the action sequences used in most interval-timing experiments using animals. Electrophysiological data supporting the role of corticostriatal circuits in timing come from studies in rats and monkeys showing that striatal neurons encode specific durations in PI procedures (Matell *et al*, 2003) as well as in perceptual timing tasks in which one stimulus must be classified as being 'shorter' or 'longer' than a preceding stimulus (Chiba *et al*, 2008). Moreover, tasks in which subjects are able to form a temporal representation of the sequence of sensory and motor events show specific involvement of prefrontal and striatal neurons (Jin *et al*, 2009). A diagram of the proposed connections within the corticostriatal circuit is presented in Figure 5.

Basal forebrain cholinergic circuits. A different set of lesion studies were conducted to identify the role of cholinergic pathways in the temporal control of behavior. Among the relevant cholinergic pathways, the medial septal area (MSA) provides cholinergic inputs to the hippocampus, whereas the nucleus basalis magnocellularis (NBM) provides cholinergic inputs to the frontal cortex (Mesulam *et al*, 1983). In two series of experiments, Meck *et al* (1987) showed that rats given lesions of the frontal cortex or the NBM showed persistent rightward shifts (ie, increase of peak time) in their timing functions in the PI procedure compared with their performance before surgery or with the

performance of control rats. In contrast, rats given fimbria-fornix (FFx), hippocampal, or MSA lesions showed persistent leftward shifts (decrease of peak time) in their timing functions as shown in Figure 6. A similar leftward shift has been observed after dorsal hippocampal lesions in mice (see, pp 175 in Balci *et al*, 2009). One interesting phenomenon observed here is that the timing effects after lesions to any part of these cholinergic pathways take several sessions of behavioral training to emerge, whereas the effects of lesioning nigrostriatal circuits can be observed immediately during the first postsurgery session. The slow build-up of changes in the timing performance after lesions

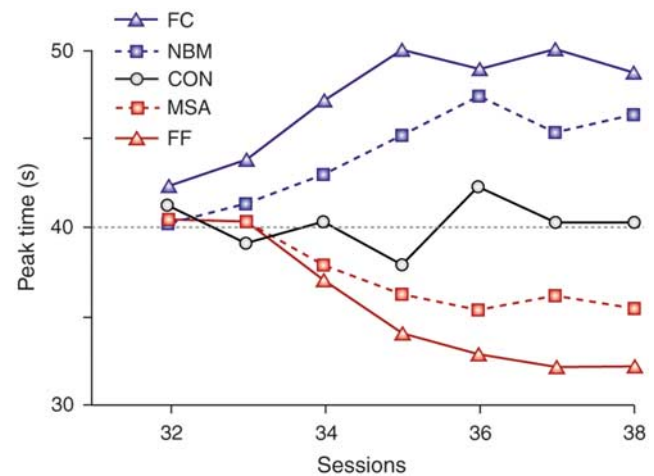


Figure 6. Timing deficits in MSA- and NBM-lesioned rats. The postoperative timing performance of rats in a peak-interval procedure. Median peak times are plotted as a function of the first 7 days (sessions 32–38) of peak-interval retraining for rats with control operations (CON), lesions of the frontal cortex (FC), of the nucleus basalis magnocellularis (NBM), of the medial septal area (MSA), and of the fimbria-fornix (FF). Adapted from Meck *et al* (1987).

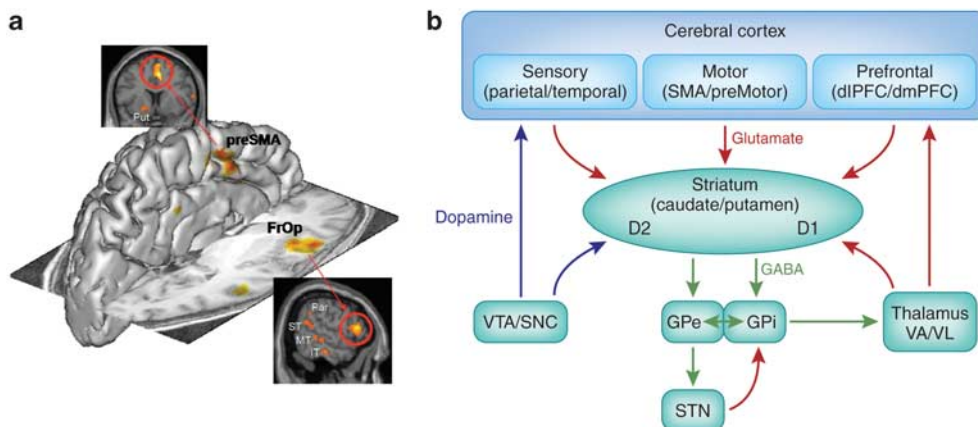


Figure 5. Corticostriatal circuits for interval timing. Human functional imaging data (a) showing the corticostriatal circuits (b) implicated in interval timing. Blue lines represent dopaminergic input, green lines represent GABAergic input, and red lines represent glutamatergic input. FrOp, frontal operculum; GPe, globus pallidus external capsule; GPi, globus pallidus internal capsule; preMotor, premotor cortex; dlPFC, dorsolateral prefrontal cortex; dmPFC, dorsomedial prefrontal cortex; Par, inferior parietal cortex; Put, putamen; SMA, supplementary motor area; SNC, substantia nigra pars compacta; STN, subthalamic nucleus; VL, ventral lateral nucleus of the dorsal thalamus; VA, ventral anterior nucleus of the dorsal thalamus. IT/MT/ST, inferior/middle/superior temporal cortex. Figure 5a is adapted from Coull *et al* (2004).

of the cholinergic system suggests that the gradual horizontal shift of their timing functions may be because of alterations in the encoding of temporal memories rather than a direct effect on actual timing mechanisms, which would induce immediate timing deficits. Hence, fronto-hippocampal circuits seem to cooperate to achieve optimal representation in temporal memory and any imbalance in the fronto-hippocampal circuits will distort the representation in temporal memory, without affecting the speed of the internal clock. In contrast, clock speed seems to be more related to functioning of the nigrostriatal DA pathway. Interestingly, lesions of the NBM and frontal cortex (but not MSA and hippocampus) selectively reduced the modulatory control of clock speed produced by dopaminergic agonists and antagonists (eg, methamphetamine and haloperidol), which are likely to be mediated by dopamine D2 receptors located on corticostriatal neurons (Meck, 1986, 2006a).

In summary, the effects of cholinergic manipulations (eg, MSA-/FF-lesioned and NBA-FC-lesioned animals as well as acetylcholine (ACh) agonists and antagonists) seem to be related to changes in cortical and hippocampal influences on striatal function (Meck, 2002a,b). These interactions may involve cholinergic interneurons in the striatum, but are primarily related to compensatory mechanisms governing the competition between the medial temporal lobe, frontal lobe, and BG (see, eg, Poldrack and Packard, 2003). Sodium-dependent high-affinity choline uptake (SDHACU) in the frontal cortex and hippocampus has been shown to be proportional to the absolute error in the contents of temporal memory for rats trained in the PI procedure. A comparison of these cholinergic effects in the PI procedure *vs* a random-interval procedure in which time was irrelevant showed that changes in SDHACU are dependent upon the predictability of the programmed time of reinforcement and the presumed striatal activity centered around the expected time of reinforcement. As a consequence of feed-forward mechanisms, cortical and/or hippocampal activity has been proposed to modify the time window of striatal activity such that reinforcement can come to be expected at an earlier or later time, proportional to the actual target duration (Meck, 2002a; Ondracek *et al*, 2008).

Cortico-cerebellar circuits. Parallel corticostriatal and cortico-cerebellar circuits have been proposed to subserve different ranges of interval timing, with sub-second durations being mediated by cerebellar circuits and suprasecond durations being mediated by striatal circuits, as described by Meck (2005). Support for this proposal comes from a recent study showing that lesions of the interpositus nuclei of the cerebellum have relatively little effect on time perception with durations in the 2–8 s range (Callu *et al*, 2009). In contrast, other studies using similar duration bisection procedures have shown detrimental effects for counting and timing in rats after lesions to the cerebellar vermis and hemispheres for durations in the millisecond range (Breukelaar and Dalrymple-Alford, 1999).

NEUROCHEMICAL BASIS OF TIMING

Psychopharmacological Investigations in Healthy Volunteers

In a series of studies spanning two decades, Rammsayer and colleagues have methodically tested the effects of various pharmacological manipulations on timing performance in healthy volunteers. The explanatory power of their findings lies partly in the recurrent use of the same perceptual timing paradigm across a range of different drugs. In brief, their paradigm requires subjects to estimate the relative duration (shorter/longer) of pairs of auditory tones, in either the millisecond (~ 50 ms) or seconds (~ 1 s) range. Perceptual timing accuracy is measured by difference thresholds, which indicate by how many ms the durations of the two tones have to differ for the subject to be able to discriminate them at a criterion level (75% correct). Studies reliably showed a significant effect of an acute 3 mg dose of the D2 receptor antagonist haloperidol on accuracy. Specifically, haloperidol reduced temporal sensitivity in both the milliseconds and seconds range (Rammsayer, 1989a,b; Rammsayer, 1993, 1997a,b, 1999), whereas pergolide, a D1/D2 receptor agonist, improved temporal sensitivity in the milliseconds range (Rammsayer, 2009). On the other hand, neither the DA precursor L-DOPA (Rammsayer, 1989a,b) nor AMPT (Rammsayer and Vogel, 1992), which blocks the conversion of tyrosine to L-DOPA, affected performance in either the milliseconds or seconds range. This strongly suggests that dopaminergic modulation of timing is mediated through an action on the dopaminergic *receptor*, rather than through DA synthesis more generally. Given the pharmacological properties of haloperidol, and complementary experiments in animals using a variety of DA receptor antagonists (MacDonald and Meck, 2006; Meck, 1986, 1996), the D2 receptor is the most likely candidate. However, the D2 antagonist remoxipride impaired timing only in the seconds and not milliseconds range (Rammsayer, 1993, 1997a), whereas the D2 antagonist sulpiride had no effect at all on temporal sensitivity, in either the milliseconds or seconds range (Meyer-Lindenberg *et al*, 1997; Rammsayer, 1997a). Rammsayer (1993, 1997a) explained these discrepant findings in terms of differential receptor binding properties: remoxipride (Nadal, 2001) and sulpiride (Racagni *et al*, 2004) preferentially block D2 receptors in the mesolimbic DA system, which projects from the midbrain ventral tegmental area to the nucleus accumbens of the BG (ventral striatum), whereas haloperidol blocks D2 receptors in all DA systems, including the nigrostriatal system that projects from the midbrain substantia nigra to the caudate and putamen of the BG (dorsal striatum). He concluded that the dopaminergic modulation of timing, at least in terms of temporal sensitivity in the milliseconds range, was likely to be modulated specifically by activity in the nigrostriatal, rather than mesolimbic, DA system.

The nigrostriatal system forms part of the cortico-BG-thalamocortical motor loop (Alexander *et al*, 1986) and is

compromised in motor disorders such as PD. It is therefore rather paradoxical that although 3 mg haloperidol was consistently shown to impair perceptual timing, it had no effect on paced finger tapping, a measure of motor timing performance. Despite a significant haloperidol-induced slowing of motor speed, as measured by a *speeded* tapping task (ie, as many taps as possible in 30 s), there was no effect of haloperidol on paced finger tapping, in which taps had to be precisely timed to occur at regular (one per second) intervals (Rammsayer, 1997b). If the dopaminergic modulation of timing was underpinned by activity specifically in the nigrostriatal loop, then it would seem reasonable to expect effects to be even stronger in tasks of motor timing than of perceptual timing. Researchers have found evidence for deleterious effects of chronic haloperidol treatment on motor timing, such that haloperidol slowed temporal reproduction of multisecond durations (Lustig and Meck, 2005). However, there are, as yet, no studies of the *acute* effects of haloperidol on motor timing (alone or in comparison with perceptual timing) in healthy volunteers.

Rammsayer and colleagues have also tested the effects of single doses of several non-dopaminergic drugs on the same task of perceptual timing. Sedative doses of the benzodiazepine midazolam, sufficient to impair short-term memory (Rammsayer, 1999) or slow speed of information processing (Rammsayer, 1992), had no effect on timing in the milliseconds range but significantly impaired performance in the seconds range. Similarly, the selective noradrenaline reuptake inhibitor, reboxetine, which increases noradrenaline concentration, significantly improved timing in the seconds, but not milliseconds, range (Rammsayer *et al*, 2001). Finally, the glutamatergic *N*-methyl-D-aspartate (NMDA) receptor antagonist memantine, pharmacologically similar to ketamine, impaired seconds range, but not milliseconds timing (Rammsayer, 2006). Timing in the range of seconds requires support from accessory processes, such as working memory or sustained attention (Brown, 2006; Fortin and Rousseau, 1998; Michon, 1985; Zakay and Block, 1996). Working memory and sustained attention have repeatedly been shown to be compromised by administration of benzodiazepines (Curran, 1991), noradrenergic drugs (Coull *et al*, 1995a,b), or ketamine (Morgan and Curran, 2006), most likely because of modulation of activity in the prefrontal and other cortical areas (Coull *et al*, 1999a,b; Honey *et al*, 2004, 2005). Rammsayer therefore concluded that seconds range timing could be disrupted by any drug that impaired attentional (Rammsayer *et al*, 2001) or mnemonic function (Rammsayer, 1999). On the other hand, disruption of milliseconds as well as seconds range timing by the dopaminergic antagonist haloperidol speaks to a more selective role for D2 receptors in perceptual timing, and perhaps even more specifically those D2 receptors that are located in the nigrostriatal DA system. More generally the differential effects of various drugs on millisecond *vs* seconds range timing supports the proposition that subsecond *vs* suprasecond timings are distinct processes

(Ivry and Schlerf, 2008) that can be differentiated not only neuroanatomically (Lewis and Miall, 2003b) and physiologically (Karmarkar and Buonomano, 2007) but also pharmacologically.

The potentially therapeutic effects of serotonergic (5-HT) drugs in psychiatric disorders such as schizophrenia has led to an increasing interest in the modulatory effects of serotonin on dopaminergic function in the mesolimbic and nigrostriatal systems of the BG (Kapur and Remington, 1996). Interestingly, in parallel to investigations of dopaminergic modulation of timing, a large body of work in rats has shown that modulation of the 5-HT₂ receptor system in particular also interferes with timing behavior (Ho *et al*, 2002) including temporal discrimination of discrete intervals (Asgari *et al*, 2005, 2006). In humans, Rammsayer (1989b) reported some early evidence that the serotonergic drugs fluoxetine and ritanserin could slightly improve perceptual timing performance in the sub-seconds range. More recently, Wittmann *et al* (2007; Wackermann *et al*, 2008) examined the effects of the hallucinogenic psilocybin, a 5-HT_{2A} agonist, on motor timing in the time range of seconds. Psilocybin impaired both explicit and implicit measures of motor timing, as measured by a temporal reproduction task and the synchronization phase of the paced finger tapping task, respectively. However, effects were observed only for longer multisecond durations, with no effect on durations between 700 ms and 2 s (Wittmann *et al*, 2007). This dissociation led the researchers to conclude that psilocybin-induced timing dysfunction was because of modulation of the working memory and sustained attention processes that underpin timing of long compared with short durations.

However, the neurochemical basis for this timing effect is uncertain. Psilocybin does not only directly bind to 5-HT_{2A} receptors but also indirectly increases DA concentration in the dorsal striatum of the BG, as measured by decreased D2 receptor occupancy in an [¹¹C] raclopride PET study (Vollenweider *et al*, 1999). Moreover, the positive symptoms of psilocybin-induced psychosis can be attenuated by the dopaminergic D2 antagonist haloperidol (Vollenweider *et al*, 1998), suggesting that psilocybin's psychotic effects could actually be a consequence of abnormal dopaminergic function. Similarly, the psilocybin-induced timing deficits reported by Wittmann *et al* (2007) could actually be underpinned by an indirect dopaminergic, rather than direct serotonergic, mechanism.

Psychopharmacological Studies in Animals

Dopaminergic effects on the clock pattern. In animal studies, numerous lines of evidence have shown that brain DA levels are related to interval timing, in particular, the speed of the internal clock (see, eg, Meck, 1986, 1996; Williamson *et al*, 2008). The evidence primarily comes from studies in which rats were given systemic injection of indirect DA agonists, such as methamphetamine or cocaine. After injection, the rats showed a horizontal leftward shift in

their timing functions in the PI procedure. When the same rats were administered DA antagonists (eg, haloperidol or raclopride), they showed a horizontal rightward shift (Buhusi, 2003; Buhusi and Meck, 2002; Cheng *et al*, 2007a,b; MacDonald and Meck, 2005, 2006; Maricq *et al*, 1981; Maricq and Church, 1983; Matell *et al*, 2004, 2006; Meck, 1983, 1986, 2006a). One major characteristic of dopaminergic drugs in changing timing and time perception is that the magnitude of the horizontal curve shift is proportional to the criterion time that subjects are trained to classify or reproduce. For example, a shift of 2 s in a PI 20-s procedure will be doubled to a shift of 4 s in a PI 40-s procedure after injection of dopaminergic drugs. This proportional shift indicates that the dopaminergic drug affects the speed of the internal clock (ie, a 10% increase or decrease in the clock speed). Another way of showing selective psychopharmacological effects on clock speed is that the results follow a pattern of behavioral change collectively termed the 'clock pattern'. In brief, the 'clock pattern' shows the following three phases: (1) If a drug affects clock speed, it induces immediate horizontal shifts (rightward or leftward) in timing functions in the first session. (2) With repeated (chronic) drug administration, subjects should gradually *re-normalize* their timing functions such that functions would return to baseline level regardless of continued drug administration. This gradual *renormalization* is because of the rescaling of the stimulus duration and not to the development of tolerance (Meck, 1996). Finally, (3) a *rebound* effect should be observed after drug administration is discontinued such that the response functions are temporarily shifted in the opposite direction of the initial drug effect because of a 'mismatch' between the renormalization in memory and the change in clock speed after removal of the drug.

In addition to the 'clock pattern' observed after acute or chronic administration of dopaminergic drugs, genetic modifications of the DA transporter (DAT) involving DAT 'knockdown' or 'knockout' mice have shown that the resulting elevation in DA in the synaptic cleft can also alter PI timing functions in both homozygous and heterozygous mice compared with wild-type mice (pp 179 in Balci *et al*, 2009). Taken together, these patterns of change in the horizontal placement of interval-timing functions, induced either by DA drugs that temporarily block the DAT (eg, cocaine) or genetic alterations in the DAT, indicate that the DA system is critically involved in the timing and modulation of clock speed for durations in the seconds-to-minutes range (Meck, 1996—but see Gooch *et al*, 2007; Rammsayer, 1999).

Acetylcholine and the memory pattern. In contrast to the *clock pattern* that is primarily related to the effective level of DA, drugs that target central cholinergic pathways have been found to induce a different change in timing function that is referred to as the 'memory pattern.' The main difference between the 'memory pattern' and the 'clock pattern' is that acute administration of cholinergic drugs has no immediate effect on the horizontal placement of

timing functions during the first few injection sessions. However, with chronic administration, the timing functions would gradually be shifted to the right by cholinergic antagonists such as atropine or to the left by cholinergic agonists such as physostigmine (Meck, 1983; Meck and Church, 1987). Upon cessation of drug administration, the psychophysical functions typically remain in the shifted position(s) for several sessions and then gradually return to normal with additional training under saline control (Meck, 1996). This 'memory pattern' induced by cholinergic drugs is dramatically different from the 'clock pattern' induced by dopaminergic drugs. However, the drug-induced 'memory pattern' is consistent with the MSA and NBM lesion data reviewed above. That is, the persistent leftward shift because of chronic administration of a cholinergic agonist (eg, physostigmine) is similar to the results of lesions of the FFX or MSA. On the other hand, the persistent rightward shift after chronic administration of cholinergic antagonists (eg, atropine) is consistent with lesions of the frontal cortex or the NBM (Meck *et al*, 1987; Meck, 2006a). A more detailed analysis of the 'clock' and 'memory' patterns described here is provided by Hinton and Meck (1997) and Meck (1996; 2002a,b, 2006c).

Habit formation and DA–glutamate interactions. It has recently been reported that with extended training, the neural mechanism of interval timing transitions from a 'DA-sensitive' to a 'DA-insensitive' state as revealed by administration of methamphetamine (MAP) to rats that had received different levels of baseline training using the PI procedure (Cheng *et al*, 2007b). After extended training (eg, >120 daily sessions), MAP induced general behavioral disruption, but failed to produce the standard clock speed effect (eg, proportional leftward shift in peak time as illustrated in Figure 7). This finding suggests that under certain conditions, interval timing may be considered a type of conditioned behavior that follows the rule of habit formation, which is a major component of addictive behavior (see Kalivas, 2008) and is also related to altered neural responses in the dorsal striatum (Takahashi *et al*, 2007; Yin *et al*, 2004, 2008, 2009). Moreover, Cheng *et al* (2007a) found that a combined injection of ketamine and cocaine can 'unlock' the reduced clock speed effect of cocaine or methamphetamine in rats after habit formation, as illustrated in Figure 8. That is, cocaine administration can produce the typical clock speed effects in overtrained rats as long as it is paired with a low dose of NMDA antagonist such as ketamine. The 'unlocking' effect of ketamine in this case suggests that there are DA–glutamate interactions that lead to a 'DA-insensitive' state after habit formation. These results highlight a potential mechanism for explaining how glutamate interacts with the DA pathways when subjects are in a pathologically addictive state. Furthermore, it also suggests that the glutamatergic inputs from the cortex and the thalamus to the dorsal striatum may have a role in habit formation, drug addiction, and interval timing (as recently outlined by Cheng *et al*,

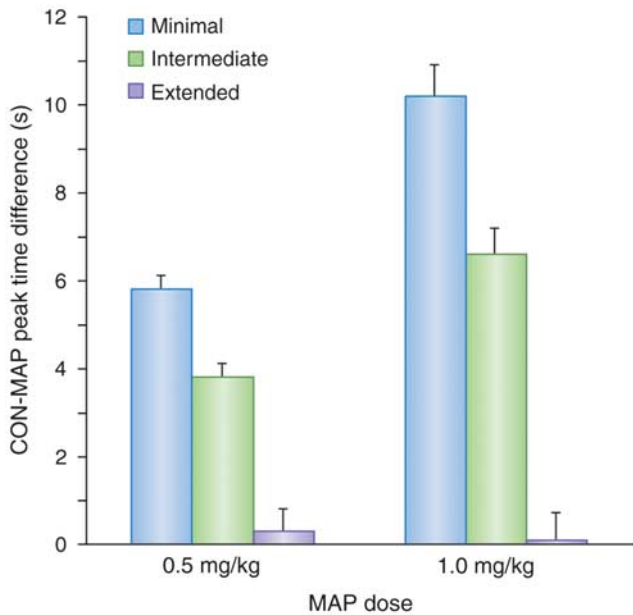


Figure 7. Habit formation in overtrained rats. Data for rats trained on a 50-s peak-interval (PI) timing procedure. Mean difference (mean \pm SEM) in peak time (s) between the paired control (CON) and methamphetamine (MAP) treatments for rats receiving either the 0.5 or 1.0 mg/kg dose of MAP. Difference measures are plotted as a function of minimal (blue), intermediate (green), or extended (purple) amounts of training in the 50-s PI procedure. Adapted from Cheng *et al* (2007b).

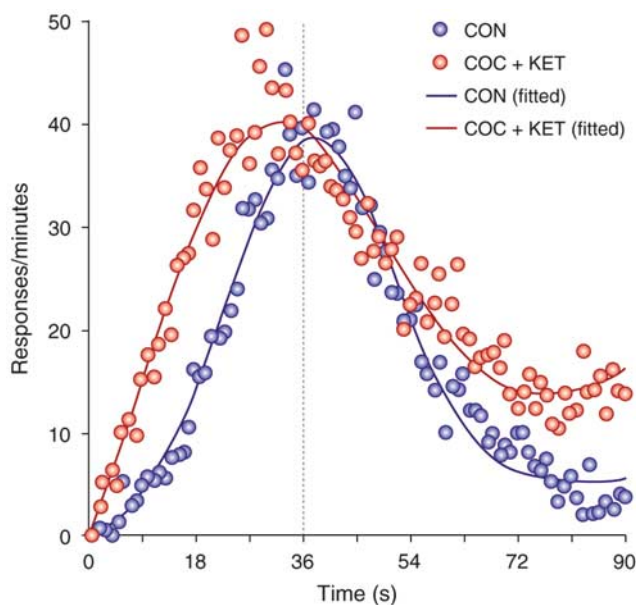


Figure 8. Ketamine 'unlocks' habit formation. Data for rats trained on a 36-s peak-interval (PI) timing procedure. Mean response rate (responses per min) is plotted as a function of signal duration for 7-month-old rats given an extended level of training (≥ 180 sessions) on a 36-s PI procedure. Blue circles indicate performance after control (CON) saline injections and red circles indicate performance after cocaine + ketamine (COC + KET—15 + 10 mg/kg) cocktail injections. Solid lines represent the curve-fitting results of the two conditions (blue for CON and red for COC + KET). Adapted from Cheng *et al* (2007a).

2006; Kalivas, 2009; Williamson *et al*, 2008). In summary, the full spectrum of striatal interactions with other brain regions likely involves dopaminergic signals from the midbrain that is more related to clock speed and the 'clock pattern,' cholinergic signals that are more directly related to memory storage and the 'memory pattern,' and glutamatergic signals from cortical regions and the thalamus that are possibly more related to habit formation (see Pennartz *et al*, 2009; Wang *et al*, 2006).

NEUROPHYSIOLOGICAL MECHANISMS OF TIMING

Ensemble Neural Response for Interval Timing

Findings from numerous studies on the neuroanatomical substrates of interval timing suggest that nigrostriatal DA pathways and corticostriatal circuits are engaged by timing behavior. Within these circuits, the dorsal striatum seems to have a central role in timing because it provides a converging area for both midbrain DA and cortical glutamatergic inputs. If interval timing critically relies on the dorsal striatum, as suggested by the animal lesion studies and human fMRI experiments described above, one would expect that neural activity in the dorsal striatum reflects the dynamic changes observed in timing when subjects are performing interval-timing tasks. Indeed, electrophysiological recordings from the dorsal striatum have revealed that ensembles of striatal neurons show neural firing rates that increase around the expected time of reward and decrease once the expected time of reward has passed (Matell *et al*, 2003). This finding substantiates the development of the striatal-beat frequency (SBF) model for interval timing, which highlights the input-output relationship between the dorsal striatum and other brain regions. In essence, the SBF model states that striatal neurons receive numerous cortical inputs, and then integrate and fire action potentials if the input signals pass a predetermined threshold or reach a specific ensemble firing pattern (Matell and Meck, 2004). Once the neural computation is complete, the dorsal striatum sends a signal to other BG regions, and the BG, in turn, send signals back to the frontal cortex (eg, motor cortex) through the thalamus.

The role of dopamine for interval timing within the framework of SBF is supported by findings that midbrain dopamine neurons are very sensitive to the durations being timed at trial onset and to the expected time of reward (Fiorillo *et al*, 2003, 2008), both presumably providing 'timestamps' in the neural circuits. Without proper 'timestamps,' provided by dopamine signals in the circuits, behaviors may lose temporal regulation as evidenced by lesion studies (Buhusi and Meck, 2005; Meck, 2006a,b). This cortico-striato-thalamo-cortical loop may be critical for interval timing, temporal integration (Dale *et al*, 2010), motor planning (Mita *et al*, 2009), as well as working memory (Harrington *et al*, 2010; Lustig *et al*, 2005). Indeed, as mentioned above, a recent electrophysiological recording

study observed that neurons in the pre-SMA and SMA in monkeys show firing patterns that are selective to different durations, with the degree of activity evolving as a function of the duration being timed (Mita *et al*, 2009). These data are consistent with the human fMRI data reviewed above, suggesting a key role for SMA in the explicit estimation of a stimulus duration that is currently unfolding in time. Another recent study has shown that neurons in the prefrontal cortex and the striatum of macaque monkeys encode temporal information (between 150 and 500 ms) when monkeys were performing a routine visuomotor task, that is, explicit timing was not required (Jin *et al*, 2009). Yet, other electrophysiological studies of implicit timing (the hazard function) in monkeys have suggested a more context-dependent representation of implicit timing in a variety of cortical areas. For example, neural activity was shown to vary dynamically as a function of elapsing time and the likelihood of target onset in early visual cortex in a visual discrimination task (Ghose and Maunsell, 2002), in primary motor cortex in a pointing task (Riehle *et al*, 1997), and in parietal cortex in a spatial saccade task (Janssen and Shadlen, 2005). Whether striatal or SMA neurons also fired simultaneously with neurons in each of these areas, across different task contexts, is of course unknown (though see Bueti *et al*, (2010) for recent fMRI evidence that frontal activity also follows the hazard function). It is important to note, however, that the timing of cortical activity, in the motor cortex at least, seems to reflect the scalar property of interval timing (Gibbon *et al*, 1984), thereby showing timescale invariance, that is, 'time is like a rubberband' (Renoult *et al*, 2006).

At the cellular level, each striatal MSN receives approximately 10 000–30 000 cortical inputs (Wilson, 1995), rendering the MSN an ideal place in which to converge cortical signals for further information processing. Individual MSNs show a bi-modal distribution of its resting membrane potential, or the so-called 'Up state' and 'Down state,' determined by how close the resting membrane potential is to the threshold potential (Calabresi *et al*, 1990). During the 'Down state,' each MSN shows a more negative resting membrane potential due to intrinsic channel properties on the membrane and perhaps because of local inhibition from nearby interneurons (discussed below). This negativity makes it difficult for MSNs to fire action potentials because a higher voltage change is required to reach the threshold potential. In contrast, when the MSNs are in the 'Up state,' it is easier for them to fire action potentials because their resting membrane potential is now closer to the threshold potential. Hence, factors that determine the 'Up state' and the 'Down state' of the MSNs will also determine the output probability of the MSNs, which, in turn, will determine their contribution to interval timing and other motor functions.

Interneurons in the Striatum

Although MSNs are the principal neurons in the dorsal striatum, the importance of interneurons in the dorsal

striatum should not be overlooked as they have an important role in regulating the firing probabilities of MSNs. Among these interneurons, three major types of interneuron have received attention according to their electrophysiological properties and the neurotransmitters they release (as recently reviewed by Kreitzer, 2009). Interneurons that show tonic activity are referred to as tonically active neurons (TANs) and release ACh when they fire action potentials. Other interneurons that release GABA can be further classified into fast-spiking interneurons (FSIs) and low-threshold spiking (LTS) interneurons. Together, these interneurons 'sculpt' the firing probability of the MSNs in the striatum, perhaps by modifying their 'Up' and 'Down' states, thereby dictating information processing in the dorsal striatum.

Cholinergic interneurons (TANs) are larger in size than all other types of neuron in the striatum, a feature that allows us to easily identify them among other neurons (Izzo and Bolam, 1988). Another feature of TANs is the aspiny structures on their dendrites, implying a lack of point-to-point communication between them and upstream neurons. Hence, these TANs are thought to function similarly to a sensor that monitors the concentration gradient of the neurotransmitters that they respond to. In *in vivo* studies, TANs respond to salient signals by showing a brief *decrease* in neural firing rate upon the onset of a reward or salient stimulus, compared with a brief increase in the neural firing rate of DA neurons to the same event (Apicella *et al*, 2007; Apicella, 2007; Morris *et al*, 2004). This distinct activity pattern of TANs can be observed in the case of natural rewards, or a salient stimulus that reliably predicts a natural reward, in rodents (Reynolds and Wickens, 2004) and primates (Aosaki *et al*, 1995). Together with the *increased* activity of midbrain DA neurons given a reward or salient stimulus, one can infer that the TANs and DA neural terminals are cooperating with one another in the striatum, although they show differential effects in terms of firing rate when presented with the delivery or omission of an expected reward (Apicella *et al*, 2009). Exactly how the coordination between MSNs and TANs within striatal circuits regulates the clock, memory, and decision processes involved in interval timing is an important question that remains to be addressed (Kubota *et al*, 2009).

Although the neurophysiological properties of both FSI and LTS are quite similar (high baseline firing rate and GABA releasing), one can still distinguish between them by the type of receptors that are expressed on their dendrites. Although both FSI and LTS have DA D5 receptors expressed on their cell body (Centonze *et al*, 2003), nicotinic cholinergic receptors (nAChRs, see Zhou *et al*, 2002) are expressed only on FSI. The fact that nAChRs are only expressed on FSI in the striatum makes FSI unique because this makes the FSI a fast responder to the cholinergic inputs provided by nearby TANs. When TANs are releasing ACh onto the FSIs, the FSIs will be excited and thus keep inhibiting their targeting MSNs. Thus, TANs can also control MSNs by their direct influence (ie, nAChRs) on FSI.

How this TAN-FSI-MSN circuit may contribute to interval timing is discussed below.

The Role of TAN-FSI-MSN Circuits in Timing

In the field of interval timing, one remarkable phenomenon is that the accuracy and precision of timing can be shown to be independent of one another (Buhusi and Meck, 2005). The TAN-FSI-MSN local circuits may contribute to the precision of timing in the following way. Because the TANs are constantly sending excitatory ACh signals to the FSI that inhibits the MSNs, when the MSNs receive inhibitory signals from the FSI, they are prohibited from sending output signals to the downstream motor pathways. Thus, TANs may also have a role in timing the initiation, or withholding, of movement (Lee *et al*, 2006). This tonic inhibition is maintained until the midbrain DA signal arrives at the TANs because a salient signal or rewarding signal briefly inhibits the TANs (Morris *et al*, 2004), thus removing the tonic inhibition from the FSI to the MSNs. As such, one can readily imagine that if the ACh signal from the TANs to the FSI is enhanced, the inhibition from FSI to the MSNs will also be enhanced. This will make it more difficult for the MSNs to transmit output signals, which in turn, may increase the signal-to-noise ratio in the timing circuits such that a stronger input signal would be required to activate MSNs. It has been shown that rats treated with choline, a precursor of ACh, show sharper timing functions (ie, greater precision) compared with control rats (Cheng and Meck, 2007). In other words, the accuracy of timing between the choline-supplemented and control rats is the same, but the precision of timing in the choline-supplemented rats is superior to the controls—suggesting that choline-induced upregulation of ACh release in the striatum is probably responsible for this effect (Cheng *et al*, 2008; Meck, 2007). A larger ‘quantal’ release of ACh by the TANs enables a stronger tonic inhibition from the FSI to the MSNs, thus a better signal-to-noise ratio is available in the TAN-FSI-MSN circuits for interval timing.

CLINICAL IMPLICATIONS

There is a striking neuroanatomical overlap between the areas consistently recruited by timing tasks and those traditionally implicated in the processes of motor selection and preparation (eg, BG and SMA). These two processes also overlap from a neurochemical point of view, with the dopaminergic D2 receptor system being implicated in both timing and motor function. Such neural overlap has provided therapeutic benefits for patients suffering from motor disorders: by providing external timing information, such as rhythmic auditory tones, some of the motor symptoms of PD can be alleviated (Thaut *et al*, 1996; Lim *et al*, 2005) perhaps through stimulation of shared neural substrates.

However, the deleterious effects of D2 antagonists on timing performance means that patient groups being

treated with dopaminergic drugs acting on this receptor system (eg, neuroleptics in schizophrenia) are likely to show dysfunctional timing behavior as a result of the medication (Goldstone *et al*, 1979). Conversely, DA-enhancing drugs in other psychiatric (eg, methylphenidate in ADHD) or neurological (eg, L-DOPA in PD) disorders can inadvertently improve timing (Koch *et al*, 2009; Rubia *et al*, 2009) as a beneficial side effect of their principal action on, for example, motor dysfunction or impulse control. In fact, impulsivity has recently been recast as being primarily a disorder of timing dysfunction (Rubia *et al*, 2009; Wittmann and Paulus, 2008), meaning that any therapeutic strategies for improving timing would consequently improve behavioral signs of impulsivity. Functional neuroimaging evidence shows that neuroleptics (Agid *et al*, 2007; Dodds *et al*, 2009), methylphenidate (Shafritz *et al*, 2004; Clatworthy *et al*, 2009), and L-DOPA (Kelly *et al*, 2009; Kraft *et al*, 2009) modulate striatal function and connectivity within corticostriatal networks, suggesting possible sites of action for their effects on timing function.

FUTURE RESEARCH DIRECTIONS

From a neuroanatomical point of view, one of the main goals of future research is to establish whether time is represented in a context-dependent manner in sensory-specific processing areas or in a more context-independent manner in a dedicated region (or network of regions) that act as an internal timer. It is most likely that both mechanisms are in operation, with perhaps a switch from one to the other as the duration to be timed increases (Lewis and Miall, 2003b; Ivry and Schlerf, 2008). Another goal for future research is to investigate the possibility of functional specialization within key timing areas, such as BG or SMA, based on the sensorimotor characteristics of the timing task (eg, sub/suprasecond durations; auditory/visual markers; and perceptual/motor judgment). As such, it would be informative to try and dissociate the perceptual/motor nature of the timing task from the visual/auditory features of the sensory duration to be timed. Whether by coincidence or design, motor timing tasks have tended to use auditory stimuli (see, eg, Rao *et al*, 1997; Jantzen *et al*, 2004; Jahanshahi *et al*, 2006) whereas perceptual timing tasks have more often used visual stimuli (see, eg, Ferrandez *et al*, 2003; Lewis and Miall, 2003a; Coull *et al*, 2004). Of course, there are exceptions (see, eg, Buetti *et al*, 2008b; Rao *et al*, 2001; Tregellas *et al*, 2006) but a formal dissociation of these task characteristics might help explain some of the inconsistencies in the literature.

At the neuronal level, future studies will require a cell type-specific stimulation protocol to distinguish the functions/properties of different subtypes of neurons and/or pathways within the key timing areas. Recently, the technique of optogenetics (as reviewed by Scanziani and Hausser, 2009) provides a promising tool for achieving the goal of dissecting the functional roles of specific cell

subtypes within a given neural circuit because of the ability to selectively activate or inactivate light sensitive ion channels in target cells (see, eg, Gradinaru *et al*, 2009). Optogenetic stimulation of light-sensitive channels such as channelrhodopsin-2 (ChR2) with patterned laser light of a specific wavelength can be used to transiently activate or inactivate DA function in brain regions thought to be involved in timing. For example, mice expressing CRE recombinase under control of the tyrosine hydroxylase promoter (TH-CRE) can be used to genetically target dopaminergic neurons. TH-CRE mice would then be stereotactically injected into the targeted brain areas (eg, lateral or medial dorsal striatum) with a CRE-inducible adeno-associated virus coding for ChR2 (in the case of optical excitation) or with halorhodopsin (in the case of optical inhibition). Using these systems to specifically activate or inactivate DA neurons with high temporal precision, precise circuit-mapping experiments for various timing functions (eg, stop or reset) or properties (scalar variance or altered clock speed) can be conducted (see Church, 1984; Gibbon *et al*, 1997; Stuber, 2010). For example, one can further dissociate the functional roles of 'direct' and 'indirect' pathways (ie, D1 and D2 pathway) in the BG using this technique.

From a pharmacological standpoint, a key objective should be to dissociate drug effects on timing from effects on supporting task processes that themselves evolve over time, for example, working memory or sustained attention. Just because a drug affects timing only in the suprasecond and not millisecond range does not necessarily mean that it affects only working memory or attentional processes rather than interval timing *per se* (see, eg, Rammsayer, 1993, 1997a). If a drug modulated suprasecond timing, but did not affect performance on a control task that was carefully matched for working memory and sustained attention demands (see, eg, Coull *et al*, 2004), this would provide evidence for neurochemical modulation of suprasecond timing independent from mnemonic or attentional effects.

Finally, we should not forget that functional neuroimaging and psychopharmacology are mutually informative approaches in the study of timing and time perception. Pharmacological manipulation could prove useful for investigating the neuroanatomical substrates of interval timing by providing a functional neurochemical 'lesion,' which could help inform theories of dedicated *vs* distributed timers in the brain. Reciprocally, functional neuroimaging is useful for psychopharmacological research as it allows the brain area(s) through which the drug is exerting its effects on timing to be pinpointed and identified. Anatomical localization of the neurochemical modulation of timing could be measured as attenuation or enhancement of activity in the network of areas activated by the timing, *vs* a control, task (it is crucial to appreciate that the interaction between pharmacological treatment (drug/placebo) and cognitive context (timing/control task) indexes a modulation of timing-related activity, with more direct drug effects on non-cognitive physiological factors (eg, blood flow)

being factored out). By comparing patterns of timing-specific brain activity between the drug and placebo sessions, it is possible to identify which elements of the timing-related network have been modified by the drug. For example, it would be possible to determine whether haloperidol impairs timing by modulating activity in the nigrostriatal and/or mesolimbic dopaminergic pathways.

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DISCLOSURE

The authors declare no conflict of interest.

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